

# **Supervision and Videoconference Supervision Policy**

#### **General Overview**

SD-PIC recognizes the rights of interns and faculty to be treated with courtesy and respect. To maximize the quality and effectiveness of the interns' learning experiences, all interactions among interns, training supervisors, and faculty/staff are collegial and conducted in a manner that reflects the highest standards of the profession. SD-PIC faculty inform interns of these principles and of their avenues of recourse should problems arise though policies that are available on the website (<a href="www.SD-PIC.org">www.SD-PIC.org</a>) and in the SD-PIC InternOrientation Manual.

SD-PIC faculty regularly schedule supervision and are accessible for consultation to interns when they are providing clinical services. SD-PIC faculty provide interns with a level of observation, guidance and supervision that encourages successful completion of the internship. Faculty serve as professional role models and engage in actions that promote interns' acquisition of knowledge, skills, and competencies consistent with the SD-PIC training aims.

### **Supervision Details of SD-PIC**

One licensed psychologist serves as primary clinical supervisor for each intern. Interns receive a minimum of two (2) hours of individual supervision each week from a licensed psychologist. Supplemental weekly individual supervision may be provided by other appropriately credentialed professionals at the training site. Weekly group supervision will be required and conducted with all interns across consortium sites via distance technology. Group supervision may focus on legal/ethical issues and clinical topics. All interns will receive a total minimum of 4 hours per week of supervision.

### Group supervision structure & details

Group supervision in this format is required for all current SD-PIC interns for two (2) hours each week, at a regularly scheduled time. Interns and supervisors meet in person in a designated meeting room at one of the agencies, however, there may be situations where telesupervision is utilized if in person group supervision cannot be performed. Group supervision is led by each member of the core SD-PIC training faculty on a rotating basis to provide all interns with the opportunity to experience a breadth of supervisory relationships beyond their primary supervisor. It is expected that the foundation for these supervisory relationships will be initially cultivated during SD-PIC's orientation, such that interns will have formed relationships with the entire

training faculty prior to engaging in group supervision. For all clinical cases discussed during group supervision, full professional responsibility remains with the intern clinician's primary supervisor, and any crises or other time-sensitive issues are reported to that supervisor immediately.

# <u>Individual supervision structure & details</u>

As for individual supervision, most sessions will be in person. However, there may be times that this service may need to be offered via distance. These services fall under the supervisor's license and the supervisor maintains clinical responsibility. Telesupervision is utilized when in-person supervision is not possible due to different situations such as, but not limited to, travel to remote locations outside of hub communities in South Dakota. Interns also have consistent access to other supervisory staff and are expected to utilize those staff if non-scheduled consultation or crisis coverage is required when the primary supervisor is off-site.

#### **Telesupervision**

The South Dakota Psychology Internship Consortium may use videoconferencing to provide weekly didactics, group supervision to all interns and, on occasion, to provide individual supervision. Telesupervision can only account for 1 of the 2 hours of required individual supervision per week. The other hour of requiredweekly individual supervision must be in-person. Telesupervision may not account for more than 2 hours of the minimum required 4 total weekly hours of supervision.

## Support for telesupervision & intern learning impact

We believe that the use of technology in training serves as an opportunity to introduce and acquaint interns with good video-conferencing practices that inform distance learning and telehealth, should they need to provide distance-delivered services in the course of their professional work after completing the Internship. If videoconference supervision is utilized, it will not commence until after SD-PIC Orientation and the intern has become acquainted with the supervisors and peers through in-person interaction. Also, prior to obtaining supervision via videoconference, interns will become familiar with the concept through readings and didactic training provided during SD-PIC Orientation.

SD-PIC recognizes that distance technology is often an important component of rural practice, and in this way, telesupervision is consistent with the overall mission of the internship.

### Tele security & privacy

All SD-PIC videoconferencing occurs over a secure network using a videoconferencing bridge. Supervision sessions using this technology are never recorded. All interns are provided with instruction regarding the use of the videoconferencing equipment at the outset of the training year. Technical difficulties that cannot be resolved on site are directed to the appropriate IT personnel at each site.